



39<sup>th</sup>

# Hærvejsvandring

300 km on Den jyske Hærvej



DENMARK

10<sup>th</sup> – 16<sup>th</sup> JULY 2011



## BUS TRANSPORT

Conc. bus transport to Slesvig on the 9<sup>th</sup> July we expect to make the following stops:

1 Frederikshavn - 3 Hirtshals - 5 Ålborg - 6 Hobro - 7 Randers - 8 Århus -  
9 Ribe - 11 Varde - 12 Korskroen - 13 Skive - 14 Viborg - 15 Herning -  
16 Silkeborg - 17 Skanderborg - 18 Horsens - 19 Vejle - 20 Kolding -  
21 Fredericia - 22 Haderslev - 23 Åbenrå - 24 Odense - 25 Holstebro

Bus transport from Viborg City Hall on the 16<sup>th</sup> July:

40 Viborg - Slesvig,  
42 Viborg – Odense.

VANDREFORENINGEN FODSLAW

BORGERGADE 12

DK-8831 LØGGSTRUP.

Website: [www.fodslaw.dk](http://www.fodslaw.dk) E-mail: [admin@fodslaw.dk](mailto:admin@fodslaw.dk)

Telephone number: (+45) 86 61 35 88

Office hours:

Tuesday, Wednesday and Friday 9 am – 1 pm

Thursday 9 am – 6 pm

Bank: Please transfer directly to Nordea Bank Denmark A/S

S.W.I.F.T.: NDEA DK KK

IBAN: DK06 2000 2640 138523

Banking fee will be charged to the sender.



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## VANDREFORENINGEN



### INVITES YOU TO PARTICIPATE IN THE 39<sup>TH</sup> HÆRVEJSVANDRING IN THE PERIOD 10<sup>TH</sup>-16<sup>TH</sup> 2011

The hike starts in Slesvig and follows the old route (Hærvejen) to Viborg. During the hike we will experience the magnificent nature of Jutland and a lot of historical memorials.

Every year about 300 participates both from home and abroad. And on the hike friendships have been made both nationally and internationally during the years. Due to increased demands from fire authorities in regards to accommodation enrolment in 2011 will be closed at 300 walkers. Approximately 45 assistants participate in making this an experience for life.

#### THE HIKE

We start in Slesvig Sunday the 10th of July at 7 am. The daily hike is 46-49 km long. However, the second and the seventh day's hiking are shorter. We start together every morning at 8 am. However, the first and the last day the hike starts at 7 am. A joint entry in Viborg will be made. The speed of the hike is maximum 7,5 km pro hour and minimum 3,5-4 km pro hour including breaks, which means that everybody in fairly shape can participate. Every day contains 3-4 resting areas plus water posts.

#### FOOD AND BEVERAGE/DRINKS

Breakfast and supper is served at the inn and soup will be served for lunch at a resting area. These meals and water plus fruit syrup on the tour is included in the participant fee. Drinks, apart from coffee, tea and milk for breakfast, are on your own expense. At the resting areas drinks can be bought for the usual low prices of Fodslaw. It is possible to get vegetarian food if you have applied for it on the notification.

#### OVERNIGHT ACCOMMODATION

We spend the nights at schools and at sport centres. We will spend the first night in Slesvig between the 9<sup>th</sup> and the 10<sup>th</sup> of July and the last night is spend in Thorning between the 15<sup>th</sup> and the 16<sup>th</sup> of July. Sleeping bags, mats and other luggage will be brought by truck every day, which means you will only have to carry the cloths and other things you will need during the day.

There will be a stall with drinks and snacks at the accommodation places. In the evening it will be possible to engage in social activities.

#### SANITARY

At the overnight accommodations and at some of the resting areas there will be a sanitary crew which has great experience in dealing with blisters and other hiking injuries.

#### THE MEDAL

The medal is a chain, which gets a new link every year. The first chain (the silver chain) is completed within 9 years. After that a gold chain is started.

#### PRICE

Participating in the hike will cost you €375. If you have paid the full amount by the first of June, the price will be reduced to €345. The payment covers accommodation, breakfast, dinner, soup for lunch, luggage transport, the medal and one way transportation.

It will be possible to sleep in a hostel/hotel/inn in rooms for 2-4 persons. If you choose this option the price will be €950, and your enrolment and the whole amount must be paid no later than the 15<sup>th</sup> of April .

During the hike it is possible to order a bus for the journey home. Provided the bus fair is used to get to Slesvig, the return ticket will cost €17.

#### ENROLMENT

You enrol by sending in the notification that is attached to this folder and paying a fee of minimum €67 no later than the 17<sup>st</sup> of May. You can also enrol to this hike by using Fodslaw's website.

After receiving the fee, a confirmation of the enrolment and a giro form for the rest of the amount will be sent to you. By cancellation the paid amount will be refunded except for a deduction of €67.

About 14 days before the beginning of the hike, information about the starting place and the hikes of the days etc. will be sent to you. The instruction can also be found at Fodslaw's website.

If you have participated in the hike before you know what it is all about. If you have not been on this hike before, then take the challenge. If you have any questions, you are welcome to contact the office.

We look forward to receive you notification.

NOTIFICATION FOR THE HÆRVEJSVANDRING FROM THE 10<sup>TH</sup> - 16<sup>TH</sup> JULY 2011

SURNAME:

FIRST NAME:

ADDRESS:

POSTAL CODE:

CITY:

PARTICIPATION THIS YEAR FOR THE:      TIME.      NATIONALITY:

BUS NO.:      FROM:      TIL SLESVIG ON THE 9<sup>TH</sup> OF JULY

BUS NO.:      FROM VIBORG TO:      ON THE 16<sup>TH</sup> OF JULY

I WOULD LIKE VEGETARIAN FOOD.

I WOULD LIKE TO SLEEP IN A HOSTEL/HOTEL/INN.

NOTIFICATION FEE DKK/EUR      PAID PER:

THE NOTIFICATION IS NOT REGISTERED BEFORE WE RECEIVE THE NOTIFICATION FEE.

DATE

SIGNATURE

